

Sunrise Walk 2025 - Terms and Conditions

These terms and conditions apply to the Sunrise Walk and by registering you are agreeing to comply with them. Please check our website for the latest details, in case we need to make any changes to the event.

If you have any questions, please contact Fundraising on **01242 524478** or by email fundraising@nationalstar.org and a member of our team will be happy to assist you.

Sunrise Walk is organised by National Star, a registered charity - number 220239.

Participant Entry and Registration

1. Registration fees are as set out on the Sunrise Walk webpage at the time of purchase. Your registration fee contributes towards the costs of running the event.
2. The Early Bird offer is available to the first 50 participants who complete their registration. The offer will run from 6 October 2024 to 2 January 2025 inclusive) Once all allocated early bird places are purchased then the offer will be withdrawn before 2 January and the standard registration fee will be come into force.
3. Unfortunately, the registration fee is non-refundable unless we change the event date or if we cancel the event altogether (subject to paragraph 4 below).
4. In the event that, we need to change the date of Sunrise Walk, we will notify you of this change as soon as possible. Your Sunrise Walk place will be automatically transferred to the re-scheduled event unless you tell us you are no longer able to attend. Should we be unable to re-schedule the event for another date we will notify you of the cancellation. In both circumstances you can ask for a refund of your registration fee or kindly choose to donate this to National Star.
5. If we have to cancel or reschedule this event, then National Star will not be liable for any other costs you might incur.
6. Places are not normally transferable, however we will endeavour to consider any exceptional circumstances. Please let us know by emailing: fundraising@nationalstar.org a minimum of **7 days** before the event.
7. Sunrise Walk fundraising packs will be issued to registered participants to help support them to raise a minimum of **£50** sponsorship for National Star.
8. Participants under 16 must be registered and accompanied by another participant aged 18 or over. If you are registering an extra participant who is under 16 and you are not the extra participant's parent or legal guardian, you must have permission from their parent or legal guardian.
9. We will only accept entries to Sunrise Walk on the day if we are satisfied that it is safe to do so, given the walk has an allocated capacity we encourage you to sign up in advance of the event and endeavour to raise the minimum sponsorship amount. The registration fee for entry on the day will be as set out on the Sunrise Walk webpage.
10. Participants taking part in the 3K sunrise walk can bring a personal assistant (PA)/ carer with them if they need support to access the event. This person will not need to register separately and will not be expected to pay the registration fee or collect sponsorship. We will need emergency contact details for this person as well as the event participant. As a charity we would appreciate a voluntary donation of £3 to cover the cost of the PA's breakfast bap at the end.

Timings of the Sunrise Walk

1. **All** participants are requested that they arrive to sign in from **5.00am at Sunrise Walk HQ (National Star, Ullenwood, GL53 9QU)**. The walk will commence promptly at **5.40am** with the event briefing taking place at **5.30am**
2. We anticipate that the walk will take between 2.5 and 4.5 hours.
3. Any participant who has not finished the walk within 4.5 hours of the start time but chooses to continue does so at their own risk with the understanding that they are no longer considered a participant, and as such are not eligible for Sunrise Walk resources (including but not limited to refreshments, course direction/support and personnel), and that they absolve National Star and our suppliers of any and all responsibility and progress entirely at their own risk.

Health and Safety Information

1. Participants are responsible for ensuring that they are sufficiently fit and healthy to take part in The Sunrise Walk. Any participant unsure of their physical ability to take part in the event must seek medical advice from their GP prior to the event.
2. The 13k Sunrise Walk route is not accessible to those with limited mobility, who use a wheelchair or buggies and prams. The route covers uneven terrain, steep ascents and descents, stiles, kissing gates, mud and gravel paths. The route will follow a

mix of public footpaths, country lanes and some road crossings. The walk will commence in the dark. We advise all participants to bring their own personal handheld torch or head torch.

3. The 3k route is more accessible to those who would like to cover a shorter distance, use a sturdy mobility scooter or electric powered wheelchair. You can complete as many laps as you wish during the time that the course is open. The 3k route is on public footpaths and the terrain is a mix of grass, loose gravel with muddy sections. The 3k route will commence in the dark. We advise all participants to bring their own personal handheld torch or head torch.
4. If minimum participant numbers are not met by Friday 21 March for the 3K route National Star reserves the right to cancel this aspect of the event.
5. Those taking on the 3k route will need to sign in at Sunrise Walk HQ at Ullenwood (from 5am) and then make their own way to start point which is the car park on top of Leckhampton Hill. It is anticipated that you will be able to join the other walkers in time for sunrise over Leckhampton Hill. Once you have completed your loop(s) please return to Sunrise Walk HQ for your breakfast bap.
6. If you are using a powered electric wheelchair or mobility scooter it is your responsibility to ensure that it has enough power for the duration of the event. It must be in good working order and suitable for the terrain. Please see our accessibility statement for further details.
7. Dogs are allowed to join the walk but owners **MUST** take full responsibility for their dog's behaviour and welfare. The route does cover farmland, private and public spaces. Please be aware that some stiles do not have a 'dog gate' so dogs may need to be lifted over or jump the stile to continue the route. Please ensure you pick up your dog's waste and put your dog on a lead as and when required.
8. Notwithstanding point 1 of this section, we reserve the right to refuse entry to a participant of Sunrise Walk at our absolute discretion, with no refund provided, if for whatever reason we consider a person unfit to take part.
9. The Sunrise Walk is a non-competitive walk, participants are requested to wear suitable footwear ideally sturdy walking boots or shoes and to dress appropriately for the weather conditions, time of year and day and to bring a handheld torch or head torch.
10. All participants must write the following on the reverse of their walking number, which must be visible on their person throughout the walk:
 - your name
 - details of any health problems or current medication
 - the name and number of a person to contact in case of an emergency
 - any other information you consider could be relevant in the event of a medical emergency
11. We take all reasonable steps to minimise the risk of injury to participants during our fundraising events. Our risk assessment process in place for the event, aims to minimise or eliminate the risk to everyone taking part. By taking part in this event, all participants acknowledge that there may be conditions or circumstances beyond our control that can lead to unforeseen risks. If you have any concerns or queries please contact us on **01242 524478** before agreeing to take part in this event.
12. There may be circumstances beyond National Stars control which may mean we need to alter the route from what was advertised. National Star reserves the right to do so. If there are any changes made you will be informed at the briefing on the morning, marshals will be able to advise you and signage will reflect the change in route.

Sponsorship Monies and Donations

1. To help transform the lives of young people with complex disabilities at National Star, we ask each Sunrise Walk participant to raise a minimum sponsorship of £50 for National Star.
2. All participants have a legal responsibility to ensure that all sponsorship monies received in connection with the event are paid to National Star. We ask that you do this as soon as possible after the 6 April 2025 but no later than a month after the event. Don't forget to send us your sponsorship forms to enable us to claim Gift Aid where possible.

You can:

- Set up a National Star - Just Giving Page account to raise money online,
- Hand in our fully completed sponsorship form and monies including cheques on the morning of the Sunrise Walk,
- Contact us for National Star's bank details so that you can pay in the money you have raised directly via BACS or use our donate web page.

Or alternatively send your completed sponsorship forms and cheques made payable to "National Star" writing "Sunrise Walk 2025" and your surname on the reverse of your cheque to: **Fundraising, National Star, Ullenwood, Cheltenham, GL53 9QU.**

Use of your information

1. When you register for the Sunrise Walk, we collect personal data relating to you and anyone else that you register. We will use this information for the purposes of organising and administering the event. This will include sending you your fundraising pack and additional information about the event. If you provide personal information on behalf of additional entrants, please only provide this if they have confirmed that they are happy for you to do so.
2. Subject to the marketing preferences we hold for you, your personal data may be used for the purposes of sending you further information about how you can support the charity's work and details of future National Star events.
3. In the case of an emergency, we may also pass personal details provided by you (either the information you provided when registering for the event or from the details on the reverse of your walker number bib) to the emergency services or other health care professionals, and also use them for the purposes of contacting your emergency contact.
4. First aid facilities will be provided at the Sunrise Walk. If you are treated by medical providers, your details may be passed on to us only for health and safety purposes and to fulfil our legal obligations (including under the Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 1995).
5. All personal data held by us will be handled in accordance with applicable privacy laws and National Star's privacy statement which can be found www.nationalstar.org/us/newsletter/privacy-notice-for-supporters

Filming and Photography at Sunrise Walk

1. Please note that National Star or our authorised partners may film or photograph participants and volunteers attending the event and use such footage or photographs for the following reasons:
 - for National Star to publicise the event for commercial and/or fundraising purposes including, but not limited to, social media, television broadcasts, advertising, publications, marketing material, merchandising, and other documents that may be made available to the public;
 - for our commercial partners to publicise their involvement and/or association with the event.
2. Consent to filming and photography will be sought during the registration process. You may be incidentally included in images for example in mass photos at the start line of the event.

Liability

All participants and volunteers attend and enter Sunrise Walk entirely at their own risk. National Star shall not be liable for any injury or loss to persons or their property that might occur as a result of their participation in or attendance at Sunrise Walk other than in respect of any injury or loss arising as a result of our negligence. For the avoidance of doubt, nothing in this clause shall limit our liability for any other liability that cannot be restricted or excluded by law.